



# January 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b> <b>1:00 Church Service</b> <b>3:00 Snack Cart</b>	<b>3</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Wheel of Fortune</b> <b>3:00 Snack Cart</b>	<b>4</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Trivia Tuesday</b> <b>3:00 Snack Cart</b>	<b>5</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Bible Study</b> <b>3:00 Snack Cart</b>	<b>6</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 BINGO</b> <b>3:00 Snack Cart</b>	<b>7</b> <b>10:00 Stretch &amp; Flex</b> <b>Fingernail Friday</b> <b>3:00 Snack Cart</b>	<b>8</b> <b>Activity Social</b> <b>3:00 Snack Cart</b>
<b>9</b> <b>Happy Birthday</b> <b>Mrs. Nancy B.,</b> <b>Mrs. Jean B.</b> <b>&amp; Mrs. Vera</b>	<b>10</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Left, Center, Right</b> <b>3:00 Snack Cart</b>	<b>11</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Steve Johnston</b> <b>(Guitar Player)</b> <b>3:00 Snack Cart</b>	<b>12</b> Podiatrist Visit <b>10:00 Stretch &amp; Flex</b> <b>2:00 Bible Study</b> <b>3:00 Snack Cart</b>	<b>13</b> Happy Birthday <b>Mrs. Pat Warren</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 BINGO</b> <b>3:00 Snack Cart</b>	<b>14</b> <b>10:00 Stretch &amp; Flex</b> <b>Fingernail Friday</b> <b>3:00 Snack Cart</b>	<b>15</b> <b>Activity Social</b> <b>3:00 Snack Cart</b>
<b>16</b> <b>1:00 Church Service</b> <b>3:00 Snack Cart</b>	<b>17</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Movie Matinee</b> <b>3:00 Snack Cart</b>	<b>18</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Driving Sideways</b> <b>3:00 Snack Cart</b>	<b>19</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Bible Time</b> <b>3:00 Snack Cart</b>	<b>20</b> Resident Choice <b>10:00 Stretch &amp; Flex</b> <b>2:00 BINGO</b> <b>3:00 Snack Cart</b>	<b>21</b> <b>10:00 Stretch &amp; Flex</b> <b>Fingernail</b> <b>Friday</b> <b>3:00 Snack Cart</b>	<b>22</b> <b>Activity Social</b> <b>3:00 Snack Cart</b>
<b>23</b> <b>1:00 Church Service</b> <b>3:00 Snack Cart</b>	<b>24</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Walmart Trip</b> <b>(weather permitted)</b> <b>3:00 Snack Cart</b>	<b>25</b> Happy Birthday <b>Kelly and Flo</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Left, Center, Right</b> <b>3:00 Snack Cart</b>	<b>26</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Bible Time</b> <b>3:00 Snack Cart</b>	<b>27</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 BINGO</b> <b>3:00 Snack Cart</b>	<b>28</b> <b>10:00 Stretch &amp; Flex</b> <b>Fingernail</b> <b>Friday</b> <b>3:00 Snack Cart</b>	<b>29</b> <b>Activity Social</b> <b>3:00 Snack Cart</b>
<b>30</b> <b>1:00 Church Service</b> <b>3:00 Snack Cart</b>	<b>31</b> Happy Birthday <b>Kenya</b> <b>10:00 Stretch &amp; Flex</b> <b>2:00 Wheel of Fortune</b> <b>3:00 Snack Cart</b>		<b>Activities are subject to</b> <b>change.</b>			