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Memorable Melody: 'I Can See Clearly Now'

If you're not already in a good mood, you'll soon be in one after hearing this upbeat song, which has been spreading sunshine since Johnny Nash recorded it in 1972. For several years, the Texas-born singer had been living in Jamaica, writing and performing with local artists, including the legendary Bob Marley. Those influences can be heard in "I Can See Clearly Now," which helped bring reggae music to a mainstream audience after quickly reaching No. 1 on the Billboard Hot 100. Both Nash's original version and a successful cover by reggae artist Jimmy Cliff have remained popular for decades, appearing in many films, TV shows and commercials.

150th Kentucky Derby

The world's most exciting two minutes in sports will bring even more excitement this year, as thousands will gather to watch the 150th Kentucky Derby on May 4. Several special events are scheduled to mark this milestone, including the fashion-focused "Derby Through the Decades" on Opening Night of the festivities, April 27. Churchill Downs will also unveil its renovated paddock, offering attendees luxury seating and an up-close look at the horses before the Race for the Roses begins.



May 2024

Reasons To Reminisce

Recalling your past achievements can boost your confidence, researchers say. Looking back and remembering how you overcame an obstacle or learned a new skill builds self-esteem and helps you tackle new challenges.

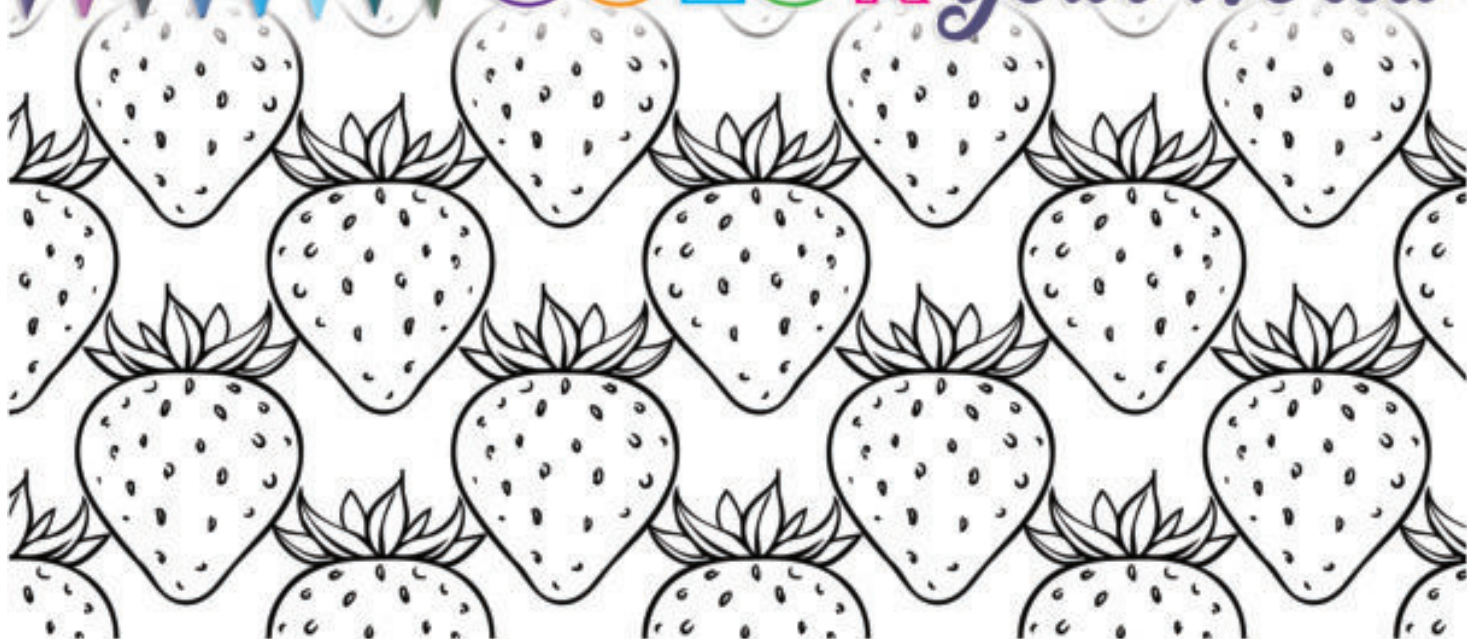
Popcorn Pick: 'I Remember Mama'

A small but happy home in San Francisco at the turn of the 20th century is the setting for this 1948 classic, based on a true story. Young writer Katrin Hanson (Barbara Bel Geddes), the daughter of Norwegian immigrant parents, chronicles poignant memories of growing up with her siblings, as well as relatives from the old country, including a trio of eccentric aunts and the boisterous Uncle Chris. But many of her tender memories focus on Mama (Irene Dunne), who lovingly cared and sacrificed for her family. Inspiring performances by Dunne and the supporting cast earned the film five Oscar nominations.





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