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## season of REFLECTION



NATIONAL ASSISTED LIVING WEEK® SEPTEMBER 10-16, 2023

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### September 2023



National Assisted Living week begins September 10th - 16th. We have a big week planned to pause and reflect back to different seasons in our lives. We have chosen the following themes to celebrate and to reflect back on:

School Years

Sweethearts

Love & Marriage

Family

Senior Living at its best

We are looking forward to a fun filled week of special activities to celebrate those who live and work in our community.



#### **Happy 99th Birthday!**

This month Ms. Mary celebrated her 99th Birthday on August 12th. Ms. Mary has lived at SomerOak since 2017. Her favorite color is pink and she enjoys basketball. She always enjoys having conversations with the staff and other residents.

Ms. Mary enjoyed her birthday by celebrating with her friends at SomerOak on Friday, August 11th with cake and ice cream. She also celebrated with her family on Saturday and Sunday. Happy 99th Ms. Mary! We can't wait to celebrate that 100th with you next August!



# "This Month In History"

#### **SEPTEMBER**

**1928:** By accident, Scottish scientist Alexander Fleming discovers penicillin, the world's first antibiotic.

**1930:** American Bobby Jones becomes the first to achieve the Grand Slam of golf by winning the year's four major championships.

**1955:** Little Richard records what will be his first major hit, "Tutti Frutti." Loud and with a driving beat, the song is hailed as pioneering the rock 'n' roll sound.

**1970:** A groundbreaking sitcom at the time, "The Mary Tyler Moore Show" premieres.

**1987:** New York City's Rockefeller Center is declared a National Historic Landmark.

**1998:** A new federal law mandates that all automobiles sold in the U.S. must be equipped with air bags.

**2002:** Kelly Clarkson is named the first "American Idol" for the inaugural season of the TV singing competition. Clarkson has gone on to top the music charts and win several Grammy Awards.

**2011:** After 41 years, the daytime TV soap opera "All My Children" airs its final episode.

